Pack 98 Campout Recipe Collection

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C3-117-18

Preface

This document was assembled as part of my Wood Badge ticket from course C3-117-18. The intention is to collect, document and streamline the various recipes that Pack 98 (and others) have used over the last several years on campouts.

As a pack, we preferred to prep as much in advance of camping as possible. We would usually have a "cut up" night on the Friday before our Saturday camping trip to prep vegetables, measure and mix ingredients, etc. These recipes reflect that philosophy. If you would rather do all the prep and cooking in camp, adapt as needed.

Where possible, I have given credit to the original source of the recipe.

After the recipes, there are 3 additional items:

- A "backwards" schedule that I've used for planning charcoal lighting, cook times and cleanup with sunset time in mind
- How to fold a foil pouch
- A dutch oven coal count temperature chart

My intention is to make this a somewhat living document. Updates should be available at my blog (<u>https://betka.net/wordpress/</u>) under the Scouting -> Wood Badge category. Suggestions for edits are always welcome at <u>betka@betka.net</u>.

Last updated: 11/8/2022

Breakfast

Amish Baked Oatmeal (aka Mr. Betka's Oatmeal)

Servings: 16-20 Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients - 6 cups quick-cooking oatmeal - 2 cups white OR brown sugar - 2 cups milk - 1 cup melted butter OR margarine - 4 eggs - 4 tsp baking powder - 2 tsp salt - 2 tsp cinnamon - 4 tsp vanilla extract	 Dried cranberries, fruit, milk (optional toppings) Equipment 12" deep camp Dutch oven Large mixing bowl Mixing spoon Serving spoon
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Before camping:

Mix sugar, baking powder, salt, cinnamon in sandwich zip top bag Mix eggs and vanilla in sealable tupperware Measure oatmeal into gallon zip top bag Both of the dry ingredient bags fit nicely into a Quaker Oats container

When ready to prepare:

Heat 12" dutch oven over 5-10 coals Melt butter in oven In large bowl, mix sugar bag with egg and vanilla, stirring to combine Add milk, stir to combine

Add oatmeal bag to mixture, stir to combine

Add mixture to melted butter in dutch oven, stir

Once combined, pat down mixture in dutch oven with spoon

Bake at 350 for 30-40 min or until edges are golden brown

(~12 coals under, ~24 on top)

Top with warm milk, fresh or dried fruit or brown sugar if desired.

Adapted from:

http://www.everydaydutchoven.com/2012/08/amish-baked-oatmeal 28.html

Amish Baked Oatmeal (1/2 batch with soymilk)

Servings: 8-10 Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients	Equipment
 3 cups quick-cooking oatmeal 1 cups white OR brown sugar 1 cup soymilk 1/2 cup melted butter OR margarine 2 eggs 2 tsp baking powder 1 tsp salt 1 tsp cinnamon 2 tsp vanilla extract 	 12" deep camp Dutch oven Large mixing bowl Mixing spoon Serving spoon

Before camping:

Mix sugar, baking powder, salt, cinnamon in sandwich zip top bag Mix eggs and vanilla in sealable tupperware Measure oatmeal into gallon zip top bag

When ready to prepare:

Heat 12" dutch oven over 5-10 coals Melt butter in oven In large bowl, mix sugar bag with egg and vanilla, stirring to combine Add soymilk, stir Add oatmeal bag to mixture, stir Add mixture to melted butter in dutch oven, stir Once combined, pat down mixture in dutch oven with spoon Bake at 350 for 30-40 min or until edges are golden brown (~12 coals under, ~24 on top) Top with warm milk, fresh fruit or brown sugar if desired.

Adapted from:

http://www.everydaydutchoven.com/2012/08/amish-baked-oatmeal_28.html

Cinnamon French Toast Bake

Servings: 8-10 Preparation Time: 15 min Cook Time: 25-30 min Challenge Level: Easy

Ingredients	Equipment
 1/4 cup (1/2 stick) butter, melted 2 12.4 oz cans Pillsbury refrigerated cinnamon rolls with icing (not Grands) 6 eggs 1/2 cup heavy cream 2 tsp ground cinnamon 2 tsp vanilla 1 cup chopped pecans 1 cup maple syrup Garnish Icing from cinnamon roll packages Powdered sugar 1/2 cup maple syrup, if desired 	 12" deep camp Dutch oven Medium mixing bowl Mixing spoon Serving spoon

When ready to prepare:

- Lightly oil or spray 12 inch dutch oven.
- Melt butter in prepared oven over ~12 coals
- Separate both cans of dough into 16 rolls; set icing aside.
- Cut each roll into 8 pieces.
- Place pieces in single layer over butter in dutch oven.
- In a medium bowl, beat eggs.
- Beat in cream, cinnamon and vanilla until well blended.
- Gently pour egg mixture over roll pieces.
- Sprinkle with pecans.
- Drizzle with 1 cup syrup.
- Bake at 375 degrees for 25-28 minutes or until golden brown.
 - (~12 coals under, ~28 coals on top)
- Let cool 15 minutes.
- Drizzle with icing and dust with powdered sugar.
- If desired, serve with additional maple syrup.

Adapted from:

http://www.everydaydutchoven.com/2013/08/cinnamon-french-toast-bake.html

Eggs - Scrambled

Servings: 3 eggs per person Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Medium

Ingredients	Equipment
 3 Eggs per person ½ cup milk (per dozen eggs) ½ cup butter (per dutch oven) 	 12" camp Dutch oven Heavy duty aluminium foil Mixing spoon Water

Before Camping

Crack eggs Add milk Mix well Pour into 1 gallon water jugs (clean from grocery store)

To Cook

In a 12" dutch oven, deep if available, add ~1" of water to bottom of oven Line oven with heavy duty aluminum foil, with foil touching water and going over rim Melt ½ cup (1 stick) butter in oven over 15-20 coals Add egg mixture to ~1.5" from top Stir to combine, cover with lid Cook on bed of 20-25 coals Stir every 5-7 min, scraping the sides and bottom of foil, being careful not to break foil Serve when eggs are cooked, 25-30 min

Adapted from: Dan Byrne/Pack 98

Eggs - Breakfast Burritos

Servings: See Scrambled Eggs recipe Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Medium

Ingredients	Equipment
 Scrambled Eggs (see recipe) Tortillas (1-2 per person) Cheddar cheese, shredded Sour cream Salsa 	- Serving spoons

Before Camping

Prepare eggs as per Scrambled Eggs recipe

To prepare at camp

Eggs

Prepare as per recipe

To Serve

Place all ingredients on buffet table, tortillas first, eggs second, other ingredients follow Assemble into tacos, adults serving Scouts can customize as wanted

Sausage Patties

Servings: 2 patties per person Preparation Time: 5 min Cook Time: 30-45 min Challenge Level: Easy

- Serving tongs

To prepare

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up)

Fill oven $\sim \frac{3}{4}$ full with frozen sausage patties

Cook for 30-45 min to warm through at 350F (~12 coals under, ~24 on top)

Entrees

Baked Bratwurst with Onions and Potatoes

Servings: 12-30 (1 brat per person) Preparation Time: 5 min Cook Time: 50-60 min Challenge Level: Easy

Ingredients	Equipment
 12-30 uncooked or cooked bratwurst 12 fingerling or small new potatoes with the skin on (if you want) 4 large onions, sliced 2 Tbsp olive oil 2 Tbsp spicy brown mustard 	 12" deep camp Dutch oven Small mixing bowl

Before camping:

Slice onions, place in zip-top bag Boil bratwursts (if uncooked)

When ready to prepare:

Lightly oil or spray dutch oven. Combine olive oil and mustard in small bowl; mix well. Place bratwurst and potatoes in prepared oven Cover evenly with onions. Pour mustard mixture over all, toss lightly until coated. Bake at 400 degrees for 50-60 minutes (12 coals under, 36 on the lid, plan to replenish) Stir halfway, Bake until bratwurst are brown and potatoes are tender.

Adapted from http://www.everydaydutchoven.com/2012/08/baked-bratwurst-with-onions-and.html

Chili (or Chili Mac)

Servings: 12-16 Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients-3 lbs. Hamburger-1 medium onion, chopped-Chili powder or Taco Seasoning-4 15.5 oz cans Chili beans-4 14.5 oz cans diced tomatoes-2 46 oz bottles tomato juice (resealable)-Shredded Cheddar Jack cheese	 Sour cream Crackers For Chili Mac 32 oz elbow macaroni Canola or vegetable oil Equipment 12" deep camp Dutch oven Serving spoon
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Before camping:

Brown hamburger and onions until onions are soft

Drain, return to pan

Stir in chili powder or taco seasoning, cook for 2-3 min

Place in zip top bag or tupperware, refrigerate or freeze

For Chili Mac:

Cook macaroni until very firm. Macaroni should be too firm to eat right out of the pot. Drain.

Place macaroni in a bowl, coat with canola or vegetable oil

Store in gallon zip top bag, refrigerate.

When ready to prepare:

Arrange 14 coals in a circle under the base of the oven.

Add hamburger mixture to oven, warm 5-10 min

Stir in chili beans, diced tomatoes and tomato juice

Mix until well blended

Place lid on oven and bake at 350 degrees, with 18-22 coals on top, for 30-45 minutes or until chili is warm

If making Chili Mac, add macaroni to last ~15 min of cook time

Serve with cheese, sour cream, crackers and anything else you like with chili

Plan to store the excess chili in sealable container.

Clean dutch oven as soon as it is cool, oiling after it is dry.

(Tomato juice can be hard on the seasoning)

Fajitas

WARNING: This is an expensive recipe, due to pre-cooked meat. Use for smaller campouts or pre-cook your own meats for lower food cost.

Servings: Servings based on pre-cooked fajita meat package Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients-Frozen fajita beef and chicken meat-Tortillas (1-2 per person)-Cheddar cheese, shredded-Lettuce, shredded-Sour cream-Salsa-Pinto or Black beans, if desired	 Equipment 12" dutch oven for each meat 10" dutch oven for beans Serving spoons
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To prepare at camp

Fajita Meat

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up)

Fill oven $\sim \frac{3}{4}$ full with precooked meat

Cook for 15-30 min to warm through at 350F (~12 coals under, ~24 on top)

Beans

Partially drain beans (half the cans or so) Place in 10" dutch oven Cook for 20-30 min in to warm through at 350F (~10 coals under, ~18 on top)

To Serve

Lay out ingredients, tortillas first Assemble into tacos, adults serving Scouts can customize as wanted

Leftover tortillas, cheese, salsa can be used with scrambled eggs for breakfast tacos the next morning

Foil Pouch Meals

Servings: number of hamburger patties Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Medium (herding scouts more than cooking)

 Ingredients ¼ or ⅓ lb frozen Hamburger patties (easier to portion) or bulk hamburger Baby carrots Russet or "Norkota" Potatoes White or Yellow Onions Red, Yellow, Orange Bell Peppers (avoid green as they taste "bad" to some people) 	 Vegetable or Canola Oil Spices: Season Salt, Montreal Steak Seasoning, Salt, Pepper, etc Equipment Apple Wedger Knives Gallon zip top freezer bags Heavy Duty Aluminum Foil
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Before camping:

(This is identical prep to foil wrapped veggies)

Onions:	Peppers:
Peel outer layer	Seed peppers
Use apple wedger to chop	Cut peppers into wedges
onions into wedges	or dice, as desired
Oil onion chunks in bowl	Oil pepper chunks in bowl
Store in zip top gallon	Store in zip top gallon
freezer bags, refrigerate	freezer bags, refrigerate
	Peel outer layer Use apple wedger to chop onions into wedges Oil onion chunks in bowl Store in zip top gallon

When ready to prepare:

Tear off 1 piece of aluminum foil 18-24" long

Place 1 hamburger patty on the foil

Place vegetables on top of patty

Season as desired (let the scouts select)

Wrap pharmacy fold style (see example in appendix), customizing to identify (or label with sharpie or organized grid on fire)

Place foil wraps on layer of lit charcoal, burger side down

Cook for 30-45 min depending on thickness of package, flipping at least once to reduce burning

Steaming and sizzling are a good thing, use instant read thermometer to check Remove from the heat and allow to cool for 5 minutes before eating

Jambalaya

Servings: TBD Preparation Time: 1 3/4 hours Cook Time: 30 min Challenge Level: Medium

Ingredients:	- 114 oz can corn
 1 pkg cooked smoked sausage 1 ½ cup uncooked instant rice 1 ½ cup chicken broth 1 pkg cooked spicy sausage 1 pkg (10 oz) cooked small shrimp ¼ tsp chili powder ½ tsp ground red pepper 1 small green pepper 1 14 oz can diced tomatoes 	Equipment: - 2 Medium skillets or stock pots - Large pot

Before Camping:

Cut cooked sausages into 1" slices Dice green pepper and onion, store in zip top bag

When ready to prepare:

Heat sausages in medium skillet or pot Heat shrimp in another skillet or pot In large pot:

- Combine chicken broth, uncooked rice, diced green pepper, diced onion, diced tomatoes, canned corn and spices

Heat to boiling, stirring occasionally

Once boiling, reduce heat

Simmer uncovered for 10 min, stirring occasionally

Serve buffet style, allowing scouts to choose proteins

(Adapted from Troop 101/Seraphin family recipe)

Scoutmaster's Lasagna

Servings: 18–20 Preparation Time: 1 3/4 hours Cook Time: 45 min Challenge Level: Medium

Ingredients: - 2 pounds lean ground beef - 2 teaspoons minced garlic - 1 large onion, chopped	 1 (16-ounce) box lasagna noodles, uncooked 1 1/2 pounds (6 cups) mozzarella cheese
 2 (26-ounce) jars spaghetti sauce 	Equipment:
- 1/2 teaspoon salt	- 14-inch camp Dutch oven (or 12 in
 1/2 teaspoon ground black pepper 	deep oven)
- 2 teaspoons Italian seasoning blend	- Large mixing bowl
- 2 (15-ounce) tubs ricotta cheese	 Medium-size mixing bowl
- 2 eggs	- Heavy-duty aluminum foil

Before Camping:

Brown beef, garlic and onion Drain Put into gallon zip top bag, refrigerate

Measure spices into snack or sandwich zip top bag

When ready to prepare:

In large bowl:

- Mix precooked beef, garlic and onion
- Add spaghetti sauce, salt, black pepper and Italian seasoning blend to the beef-onion mix and stir well.

In a medium-size bowl, mix ricotta cheese and eggs and set aside.

Carefully line dutch oven with aluminum foil.

Spread about one-third of the beef mixture on the bottom of the oven.

Next, add a layer of about one-third of the noodles followed by about one-third of the ricotta-egg mixture and one-third of the mozzarella cheese.

Repeat this order two more times until all ingredients are layered, ending with a layer of mozzarella cheese.

Cook for about 45 minutes using 21 coals on the lid and 11 coals under the oven, until noodles are thoroughly cooked.

Refresh coals as required.

(Adapted from reddit.com/r/bsa post)

Sloppy Joes (aka Mrs. Scheu's Sloppy Joes)

Servings: 6-8 per 2 lbs of ground beef Preparation Time: 5 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients 2lb ground beef Onion flakes 2 tbsp Worcestershire sauce 24 oz Ketchup 2 tbsp Brown sugar 2 tbsp apple cider vinegar Hamburger buns Cheese (sliced or shredded, coordinate with breakfast menu) 	Equipment - 12" camp Dutch oven - Heavy duty aluminium foil - Serving spoon
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Before Camping

- Brown hamburger
- Sprinkle in a few onion flakes, cook for 2-3 minutes
- Drain
- Return to pan
- Add other spices and liquids
- Bring to a soft boil for 3-4 minutes
- Cool
- Store in freezer zip top bags (or other containers)

To reheat at camp

- Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up, not required)
- Fill oven ~³/₄ full sloppy joe mix
- Cook for 30-45 min to warm through at 350F (~12 coals under, ~24 on top)

Adapted from: Kristine Scheu

Taco Meat

Servings: 1 lb hamburger per 3-4 people Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients	Equipment
 1 lb Hamburger per 3-4 person 3-4 tsp Gluten Free Taco Seasoning Mix (see recipe) per lb ³/₄ C water per lb 	 12" deep dutch oven for taco meat Serving spoon

Before Camping

Brown hamburger, drain, return to pan Add 3-4 tsp of Gluten Free Taco Seasoning with ³/₄ cup water and 1 lb meat Store in double zip top freezer bags or tupperware, refrigerate

Gluten Free Taco Seasoning

Ingredients

- 2 tsp chili powder
- 1 ¹/₂ tsp paprika
- 1 ¹/₂ tsp cumin
- 1 tsp onion powder
- ³⁄₄ tsp garlic powder
- ¹/₂ tsp fine sea salt
- Dash of cayenne pepper

Mix all ingredients together and store in airtight container

Soft Tacos

Servings: 1 lb taco meat per 3-4 people Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients-1 lb prepared Taco Meat per 3-4 person (see recipe)-Tortillas (1-2 per person)-Cheddar cheese, shredded-Sour cream-Salsa-Pinto or Black beans, if desired	Equipment - 12" dutch oven for taco meat - 10" dutch oven for beans - Serving spoon
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Before Camping

Prepare Taco Meat as per recipe Store in double zip top freezer bags or tupperware, refrigerate

To prepare at camp

Taco Meat

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up)

Fill oven $\sim \frac{3}{4}$ full with taco meat mix Cook for 30-45 min to warm through at 350F (~12 coals under, ~24 on top)

Beans

Partially drain beans (half the cans or so) Cook for 20-30 min in 10in dutch oven to warm through at 350F (~10 coals under, ~18 on top)

To Serve

Lay out ingredients, tortillas first Assemble into tacos, adults serving Scouts can customize as wanted

Leftover tortillas, cheese, salsa can be used with scrambled eggs for breakfast tacos the next morning

Walking Tacos

Servings: 1 lb taco meat per 3-4 people Preparation Time: 15 min Cook Time: 30-45 min Challenge Level: Easy

Ingredients-1 lb prepared Taco Meat per 3-4 person (see recipe)-1 oz Frito single serving pouches (1 per person)-Cheddar cheese, shredded-Lettuce, shredded-Sour cream-Salsa-Pinto or Black beans, if desired	 Equipment 12" dutch oven for taco meat 10" dutch oven for beans Serving spoon
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Before Camping

Prepare Taco Meat as per recipe Store in double zip top freezer bags or tupperware, refrigerate

To prepare at camp

Taco Meat

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up)

Fill oven $\sim \frac{3}{4}$ full with taco meat mix

Cook for 30-45 min to warm through at 350F (~12 coals under, ~24 on top)

Beans

Partially drain beans (half the cans or so) Cook for 20-30 min in 10in dutch oven to warm through at 350F (~10 coals under, ~18 on top)

To Serve

Lay out ingredients, Frito bags first Assemble into "tacos", adults serving Taco meat, then cheese, then lettuce, salsa, sour cream, beans, etc Scouts can customize as wanted

Leftover chips, cheese, salsa can be used with scrambled eggs for breakfast the next morning

Tater Tot Casserole

Servings: 12-16 Preparation Time: 15 min Cook Time: 50-70 min Challenge Level: Easy

Ingred - - - - - -	dients 3 lbs. hamburger 1 medium onion, chopped 1 tsp. garlic powder 1 tsp Montreal Steak Seasoning 2 (10 3/4 oz) cans Cream of Mushroom soup 2 (10 3/4 oz) cans Cream of Chicken soup 1 C half and half or milk	Equipment - 12" deep camp Dutch oven - Serving spoon
	· · · · · ·	
-	2 (10 3/4 oz) cans Cream of Chicken	
-	1 C half and half or milk 2 C frozen peas and carrots	
-	1 (2 lb) bag frozen tater tots (3/4 of a bag covers a 12 inch oven)	
-	2 cups shredded Cheddar Jack cheese	

Before camping:

Brown hamburger and onions until onions are soft Drain, return to pan Stir in garlic powder and steak seasoning Place in zip top bag or tupperware, refrigerate or freeze

When ready to prepare:

Arrange 14 coals in a circle under the base of the oven.

Add hamburger mixture to oven, warm 5-10 min

Stir in soups, half and half and frozen vegetables

Mix until well blended

Cover completely with tater tots

Place lid on oven and bake at 350 degrees, with 18-22 coals on top, for 45-60 minutes or until soup starts to bubble

Sprinkle with 2 cups of cheese, cook 10 minutes longer or until cheese has melted and hot dish is brown on top

Adapted from: http://www.everydaydutchoven.com/2011/04/tater-tot-hot-dish.html

Side Dishes

The Best Cheesy Potato Casserole

Servings: TBD Preparation Time: 10 min Cook Time: 50-60 min Challenge Level: Medium

Ingredients

- Frozen hash browns (servings based on ~30 oz package size), slightly thawed
- For each 30oz of hash browns:
 - 1 can cream of chicken soup
 - 1 can of milk
 - ¹/₂ onion chopped
 - 2 cups shredded cheddar cheese
 - 8 oz sour cream
 - 6 strips bacon, chopped (optional)
 - 8 green onions, sliced

Equipment

- 12" deep camp Dutch oven
- Large mixing bowl
- Mixing spoon
- Serving spoon

When ready to prepare:

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up)

Break up hash browns in bag

Combine the onion, green onion, 1 C of cheese, chicken soup, milk and sour cream in a large bowl

Add the hash browns and bacon, stir to coat

Pour into lined oven

Bake at 350 for 50 to 60 minutes or until bubbly and golden on top.

(~12 coals under, ~24 on top)

During the last 10 min, add remaining 1 C of cheese on top to brown.

Adapted from https://www.eatingonadime.com/cheesy-potato-casserole/

Crew 2's Mac and Cheese

Servings: 12–14 Preparation Time: 30 min Cook Time: 90 min Challenge Level: Easy

Ingredients	Equipment
 2 pounds elbow macaroni 2 Tbsp butter 1 (16-ounce) package Velveeta cheese, cubed 1 lb white American cheese, cubed 1/2 cup milk 2 tablespoons spicy brown mustard 	 14-inch camp Dutch oven (or 12 in deep oven) Heavy-duty aluminum foil
 1 lb white American cheese, cubed 1/2 cup milk	

Before Camping:

Cook macaroni until very firm, macaroni should be too firm to eat right out of the pot. Drain

Place in large bowl, coat with vegetable or canola oil

Put into gallon zip top bag, refrigerate

Cube cheese, place in zip top bag (for Cub Scout camping)

When ready to prepare:

Line the Dutch oven with foil, then liberally grease the foil with butter.

Pour about half of the pasta in the oven.

Distribute half of the Velveeta and American cheese cubes over the pasta.

Top the cheese with the remainder of the pasta

Cover the pasta with the remainder of the cheese.

Combine milk with mustard in a cup, then pour over cheese in the oven.

Bake for about 1 1/2 hours using 21 coals on the lid and 11 coals under the oven.

Check and add cook time as needed to melt cheese.

Refresh coals as required.

(Adapted from reddit.com/r/bsa post)

Fat Don's Hashbrown Casserole

Servings: TBD Preparation Time: 10 min Cook Time: 45-50 min Challenge Level: Medium

 Ingredients Frozen hash browns (servings based on ~30 oz package size), thawed For each 30oz of hash browns: 15 oz jar Cheez Whiz 4 oz sour cream 9 oz cottage cheese ½ tsp Kosher salt ¼ tsp white pepper ½ tsp paprika 	Equipment - 12" deep camp Dutch oven - Large mixing bowl - Whisk - Mixing spoon - Serving spoon
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When ready to prepare:

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up)

Break up hash browns in bag Whisk together the Cheez Whiz and sour cream Combine with other ingredients, except paprika Pour into lined oven Sprinkle with paprika Bake at 350 for 45 to 50 minutes or until bubbly and golden on top. (~12 coals under, ~24 on top)

Adapted from a University of Illinois University Housing Dining Services recipe

Foil Wrapped Potatoes, Onions and Peppers

Servings: ½ potato per scout? Preparation Time: 15 min Cook Time: 45-60 min Challenge Level: Easy

Ingredients	- Spices
 Russet or "Norkota" Potatoes White or Yellow Onions Red, Yellow, Orange Bell Peppers (avoid green as they taste "bad" to some people) Vegetable or Canola Oil 	Equipment Apple wedger Knives Gallon zip top freezer bags Heavy Duty Aluminum Foil

Before camping:

(This is identical prep to foil pouch meals)

Potatoes:	Onions:	Peppers:
Wash potatoes	Peel outer layer	Seed peppers
Dice potatoes (1/2" cubes)	Use apple wedger to chop	Cut peppers into wedges
Oil potato chunks in bowl	onions into wedges	or dice, as desired
Store in zip top gallon	Oil onion chunks in bowl	Oil pepper chunks in bowl
freezer bags, refrigerate	Store in zip top gallon	Store in zip top gallon
	freezer bags, refrigerate	freezer bags, refrigerate

When ready to prepare:

Tear off 2 pieces of aluminum foil 24-36" long Pour potatoes and/or onions and/or peppers onto top layer of foil Add oil as needed, depending on how much oil was used initially Season as desired (remember the scouts need to eat this) Wrap potatoes, onions, peppers in first layer of foil (pharmacy fold style, see appendix) Flip the wrap over, place on second layer of foil, seam side down Wrap in the second layer of foil (pharmacy fold again, see appendix) Place foil wraps on layer of lit charcoal Cook for 45-60 min depending on thickness of package Flip at least once to reduce burning Steaming and sizzling are a good thing Use gloves or tongs to check how soft the potatoes are Remove from the heat and allow to cool for 5-15 minutes before serving Leftovers can be reheated the next meal/day if stored in a chilled cooler

Frozen Corn

Servings: 3 oz per person Preparation Time: 5 min Cook Time: 15-30 min Challenge Level: Easy

Ingredients	Equipment
 12 oz Frozen corn ½ cup water ¼ stick butter 	 12" deep dutch oven Aluminum foil (optional)

To prepare

Line a 12" dutch oven, deep if available, with heavy duty aluminum foil, with foil going over rim (for easier clean up, optional)

Fill oven up to ³⁄₄ full with frozen corn Add water and butter Cook for 15-30 min to warm through at 350F (~12 coals under, ~24 on top) Stir often and add water as needed

Dutch Oven Mac & Cheese

Servings: 12-16 Preparation Time: 30 min Cook Time: 25-30 min Challenge Level: Medium-Hard

 Ingredients 8 cups Dried Macaroni 2 whole Eggs, Beaten 1/2 cup (1 Stick) Butter 1/2 cup All-purpose Flour 6 cups Whole Milk 4 tsp (heaping) Dry Mustard 2 lbs Cheese plus ¼ lb extra for top,	 1 tsp Ground Black Pepper Optional Spices: Cayenne Pepper,
Grated 1 tsp Salt, More To Taste 1 tsp Seasoned Salt, More To Taste	Paprika, Thyme Vegetable or canola oil Panko bread crumbs Equipment 12" deep camp Dutch oven Large bowl Small mixing bowl Whisk Serving spoon

Before camping:

Cook macaroni until very firm, macaroni should be too firm to eat right out of the pot. Drain, place macaroni in large bowl

Add vegetable or canola oil, stir to coat

Put into gallon zip top bag, refrigerate.

Measure flour into sandwich zip top bag Measure spices into snack zip top bag

When ready to prepare:

Heat dutch oven over 10 coals.

Make the roux

In the dutch oven, melt butter and sprinkle in flour.

Whisk together over medium-low heat.

Cook mixture for five minutes, whisking constantly, don't let it burn.

Thicken milk

Pour in milk, add mustard and spices, and whisk until smooth. Cook for five minutes until very thick, stirring regularly Remove dutch oven from coals.

In a small bowl, beat egg.

Temper the egg mixture

Take 1/4 cup of sauce from the dutch oven and slowly pour it into beaten egg

Stir constantly to avoid cooking egg. Repeat if there is room in the egg bowl/container Stir together till smooth.

Pour egg mixture into dutch oven, whisking constantly. Stir until smooth. Return the dutch oven to the coals.

Add in 2 lb cheese and stir to melt.

Taste sauce and add more salt and seasoned salt as needed! DO NOT UNDERSALT.

Pour in drained, cooked macaroni and stir to combine. Top with extra cheese and panko bread crumbs Bake at 350 for 25 to 30 minutes or until bubbly and golden on top. (~12 coals under, ~24 on top)

Adapted from http://thepioneerwoman.com/cooking/2009/04/macaroni-cheese/

Dutch Oven Onions, Peppers and Tomatoes

Servings: 10-20 Preparation Time: 10 min Cook Time: 20-30 min Challenge Level: Easy

Ingredients	Equipment			
 2 large onions, sliced 	- 12" camp Dutch oven			
 10-15 small red/yellow/orange 	- Large bowl			
peppers, seeded and sliced	 Mixing/serving spoon 			
- 18 Roma tomatoes, quartered	 Freezer zip top bag 			
 ½ cup butter (1 stick) 				
- Vegetable or canola oil				

Before camping:

Slice onions Seed and slice peppers Quarter tomatoes Place in large bowl Add vegetable or canola oil, stir to coat Place into freezer zip top bag

When ready to prepare:

Heat dutch oven over 10 coals Melt 1 stick butter (½ C) in oven Once butter is melted: Add onions, peppers and tomatoes, cover with lid Bake at 350 for 20-30 min (~12 coals under, ~24 on top)

Adapted from: Available ingredients

Desserts

Caramel Apple Cinnamon Dump Cake

Servings: 10-12 Preparation Time: 15 min Cook Time: 50-55 min Challenge Level: Easy

Ingredients	Equipment
 2 (21 oz) cans apple pie filling 1 (1 lb) box yellow cake mix 1/2 cup (1 stick) butter, cut into thin slices 2 tsp cinnamon 3/4 of 14 oz jar caramel ice cream topping 	 12" deep camp Dutch oven Large bowl Parchment oven liner Knife Serving spoon

When ready to prepare:

- Line oven with parchment (or lightly oil or spray)
- In large bowl, combine apple pie filling with cinnamon
- Pour into oven
- Drizzle caramel topping in a checkerboard fashion over pie filling
- Sprinkle dry cake mix evenly over caramel layer
- Dot cake mix with slices of butter
- Cover with lid
- Bake at 350 degrees for 50-55 minutes or until golden brown and bubbly
 - (~12 coals under, ~26 coals on top)
- Let cool 20 minutes.
- Serve with vanilla ice cream if desired

Adapted from:

http://www.everydaydutchoven.com/2013/11/caramel-apple-cinnamon-dump-cake.html

Fruit Pie Dump Cake

Servings: 10-12 Preparation Time: 15 min Cook Time: 50-55 min Challenge Level: Easy

Ingredients	Equipment
 2 (21 oz) cans pie filling (any thickened fruit should work) 1 (1 lb) box yellow cake mix 1/2 cup (1 stick) butter, cut into thin slices 1 (12oz) can Sprite or ginger ale (optional) 	 12" deep camp Dutch oven Parchment oven liner Knife Serving spoon Mixing bowl (if using Sprite)

Good Combinations:

- 1 can Peach, 1 can Blueberry

When ready to prepare:

- Line oven with parchment (or lightly oil or spray)
- Pour pie filling into oven
- If using Sprite:
 - Combine with cake mix in bowl
 - Pour batter over fruit
- If not using Sprite:
 - Sprinkle dry cake mix evenly over pie filling
- Dot cake mix with slices of butter
- Cover with lid
- Bake at 350 degrees for 50-55 minutes or until golden brown and bubbly
 - (~12 coals under, ~26 coals on top)
- Let cool 10-20 minutes.
- Serve with vanilla ice cream if desired

Adapted from:

http://www.everydaydutchoven.com/2012/02/cherry-cobbler-for-two.html

S'mores Easy

Servings: 2 cookies, 1 marshmallow per smore, 1-2 smore per scout Preparation Time: 5 min Cook Time: 5 min Challenge Level: Easy

Ingredients	Equipment
Fudge Stripe cookiesLarge marshmallows	 Aluminum foil Roasting forks Plastic or nitrile gloves for servers

When ready to prepare:

- Lay out aluminum foil on table top for easier clean up
- Put 2-4 marshmallows per roasting fork
- Roast over fire
 - Recruit parents to roast marshmallows
 - Older scouts can roast marshmallows if it is a smaller campout
- When marshmallows are cooked, sandwich between 2 Fudge Stripe cookies
- Lay out finished s'mores on table top
- Have scouts form an orderly line to pick up smores

Adapted from: Pack 98 knowledge

Backwards Schedule

- 1. Look up sunset time
- 2. Set dinner time, allowing enough time for eating and clean up before darkness
 - a. Example dinner time is 6:00 pm, this is a spring campout
 - b. For a fall campout, dinner time will need to be earlier as sunset is usually before
 6 pm
- 3. Work backwards from dinner time to set times for putting dutch ovens on coals
 - a. Sloppy Joe recipe calls for 30-45 min of cook time, so it needs to go on at ~5:10pm
 - b. Crew 2 Mac & Cheese recipe calls for 90 minutes of cook time, so it needs to go on at ~4:30 pm
 - c. Foil veggies recipe calls for 45-60 min of cook time and 5-15 min of cooling, so they need to go on at ~4:50 pm
- 4. Allow 20-25 min for a charcoal chimney to light completely (first column)
 - a. Mac & Cheese needs ~32 coals and the Foil veggies need a bed of coals, so two chimneys worth at 4 pm
 - b. The sloppy joes need ~36 coals, so one additional chimney at 4:40 pm
 - c. Leftover coals from the second chimney can be used to refresh the Mac&Cheese

Dinner	8:04pm Sunset				
	Fire pit #1	D.O. #1	D.O. #2	D.O. #3	D.O. #4
4:00 PM	Charcoal Light				
4:10 PM	10				
4:20 PM	20				
4:30 PM			Mac&Cheese		
4:40 PM	Charcoal Light		10		
4:50 PM	10		20	Foil Veggies	
5:00 PM	20		30	10	
5:10 PM		Sloppy Joes	40	20	
5:20 PM		10	50	30	
5:30 PM		20	60	40	
5:40 PM		30	70	50	
5:50 PM		40	80	60	
6:00 PM		50	90	70	

- 5. A similar schedule can be made for breakfast
 - a. Less dependent on sunrise and more on meal time
- 6. This schedule aims for an 8:30 am meal time
 - a. You would want to light at least 2 chimneys of charcoal to start
 - b. The eggs cook with many coals under them
 - c. The eggs can hold in the warm dutch ovens

Breakfast					
	Fire pit #1	D.O. #1	D.O. #2	D.O. #3	D.O. #4
7:20 AM	Charcoal Light				
7:30 AM	10				
7:40 AM	20	Eggs	Eggs	Oatmeal	
7:50 AM		10	10	10	
8:00 AM		20	20	20	
8:10 AM		30	30	30	
8:20 AM		40	40	40	
8:30 AM				50	
8:40 AM					

How to Fold a Foil Pouch

- 1. Start with heavy duty aluminum foil that is at least 12 inches long

2. Place your food directly in the center of the foil pouch.



3. Hold the two long edges of foil and bring together in the center above the food. If there is no apparent long edge and your piece of foil is more like a square – choose the side that is facing you to keep things simple.



4. Fold edges down creating a small lip – about 1/2 inch along the entire length of the foil. Make sure there is room between the food and the foil so heat can build up inside the packet.



5. Fold lip over once more so it lays flat on top of the foil pouch. The top of the foil pouch should be nicely sealed now leaving two open "short" edges.



6. Press short edges together and fold over once to create another 1/2 inch lip. Make sure there is plenty of extra room from the edge of the foil to the contents of the foil packet (1 ¹/₂ to 2 inches).



7. Fold lip over once more so it lays flat on top of the foil pouch. Your foil packet should be tightly sealed on all sides and stay closed when you handle it.



Images and Text from: https://www.dirtygourmet.com/campfire-cooking-how-to-make-a-foil-pouch/ I believe this chart was developed before Kingsford resized their briquets to be slightly smaller, most times I add 2-4 coals to the top count.

COAL-TEMPERATURE (CONVERSION CHART
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			Oven Temperature						
			325°F	350°F	375°F	400°F	425°F	450°F	
Dutch Oven Diameter	8"	Total Briquettes On Lid Underneath Oven	15 10 5	16 11 5	17 11 6	18 12 6	19 13 6	20 14 6	
	10"	Total Briquettes On Lid Underneath Oven	19 13 6	21 14 7	23 16 7	25 17 8	27 18 9	29 19 10	
	12"	Total Briquettes On Lid Underneath Oven	23 16 7	25 17 8	27 18 9	29 19 10	31 21 10	33 22 11	
	14"	Total Briquettes On Lid Underneath Oven	30 20 10	32 21 11	34 22 12	36 24 12	38 25 13	40 26 14	
	16"	Total Briquettes On Lid Underneath Oven	37 25 12	39 26 13	41 27 14	43 28 15	45 29 16	47 30 17	

(Image from https://scoutingmagazine.org/2017/04/dutch-oven-cooking-primer/)